

Please ask a second person to measure the above mentioned body parts. During the measurement please wear the clothes that you usually wear underneath your protective suit.

| 1) Body height <br> Measured from head to toe without shoes | cm |
| :--- | :---: |
| 2) Chest measurement <br> Measured around the breast height horizontal on the widest <br> point | cm |
| 3a) Waist size <br> Measured around the waistline with 2 fingers inside the <br> measurement band. | cm |
| 3b) Waistband measurement <br> If position is different to the waistline: determine width of <br> waistband where worn. | cm |
| 4) Hip measurement <br> Measured horizontal around the biggest point of the <br> hip/buttocks. | cm |
| 5) Arm length <br> Measured from armpit to carpus with angled ellbow. | cm |
| 6) Shoulder width <br> Measured from neckline to armpit. | cm |
| 7) Upper arm circumferencce <br> Measured around the biggest point of the upper arm.- bizeps | cm |
| 8) Inside leg length- inseam <br> Inner seam of the trouser leg, measured from crotch to sole <br> without shoes | cm |
| 9) Side length <br> Measured from waist alongside hip to sole . | cm |
| 10) Upper tigh circumference <br> Measured around the biggest point of the tigh. |  |
| 11) Back length <br> Measured in the middle of the back form neckline to waist. |  |

## Spezial sizes and customised production are excluded from exchange.

## Name:

Fire Brigade: $\qquad$
Product:
Product No.: $\qquad$

Date:

Signature:

## Remarks:

$\square$

Signature LHD Group: $\qquad$

